#### Session 16:

# The Alphabet Soup of Managed Care Organizations: Provider Perspective

Society of Actuaries 1997 Annual Meeting Monday, October 27 10:30 a.m. - 12:00 noon Timothy M. Ross

#### **PMPM**



### Provider MCO's - What Are They?

- A provider organization which contracts with an HMO
  - On a capitated or risk-bearing basis
  - Or otherwise
- A provider organization which accepts risk directly from the purchaser

# Examples: "Carve Out" MCO's

- PBMs Prescription drugs
- BHO Behavioral Health Organization
- Laboratory
- Radiology
- Capitated Specialties e.g. Cardiology
- HIV/AIDS

# Examples: General Providers

- Primary Care Physicians
- Multi-Specialty Group Practices
- Hospitals & Health Systems

# Examples: Integrated Groups

- MSO's Medical Service Organizations
- PHO's Physician Hospital Organizations
- IDS Integrated Delivery Systems
- PSO's Provider Sponsored Organizations
- Alphabet Soup ISDN, CISN, PSN, etc.

#### Actuarial Roles - Provider MCOs

- HMO's Capitation Negotiations
- Employers Direct Contracting
- HCFA Medicare + Choice
- State DHS Medicaid Program
- Insurance Department PSO Formation
- Reinsurer

# Basics: Actuarial Pricing Model

- Capitation rate is calculated as:
  - Utilization x Cost per Service = PMPM
- Utilization rate assumptions taken from:
  - Historical results
  - Projected Managed Care improvements
- Cost per service reflects provider costs and discounts

# Basics: Shifting Sites of Care

- Managed care often shifts sites of care
- Utilization decreases at one site, increases at another
- Service Intensity often increases at both sites
- Ideally, care is shifted to the most appropriate and efficient location

#### **PHO** Formation

- Hospital and Physicians form PHO
- PHO contracts with HMO's or employers to accept risk on a capitated basis
- Entities within the PHO don't always trust one another
- How do you divide the capitation dollar?
- How do you align incentives?

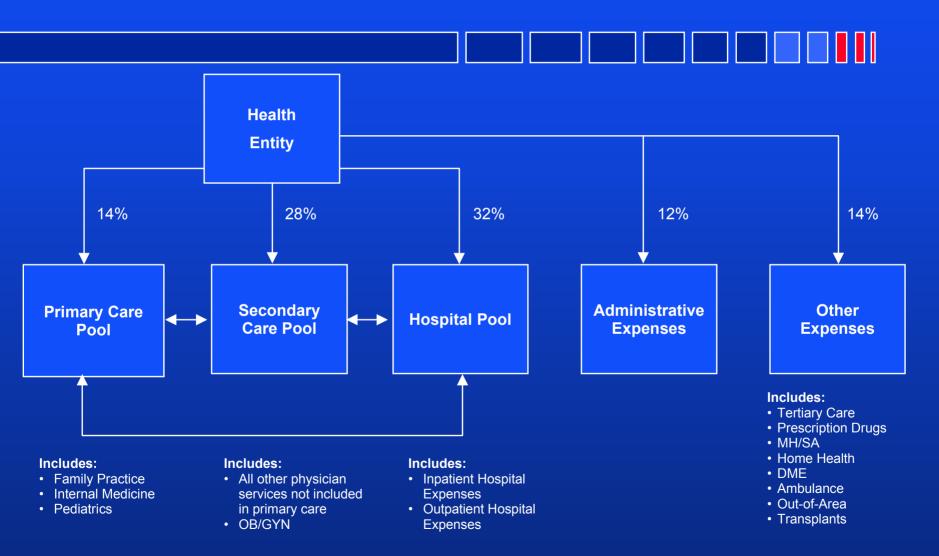
# PHO Capitation Split

- Negotiated process
- Actuarial pricing model under various scenarios of reimbursement, utilization
- Selection of assumptions is part of the negotiation
- Comparison to market benchmarks

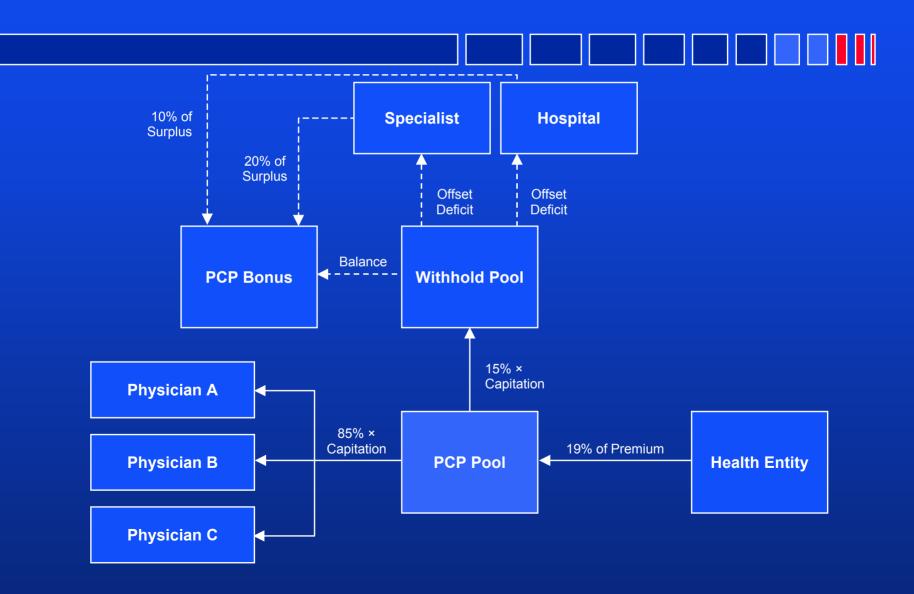
# PHO: Aligning Incentives

- Need to align incentives to:
  - Put providers most at risk for the services they provide directly
  - Put providers at risk for services they can influence directly or indirectly
  - Encourage use of most appropriate site of care
  - Reward providers for favorable results overall

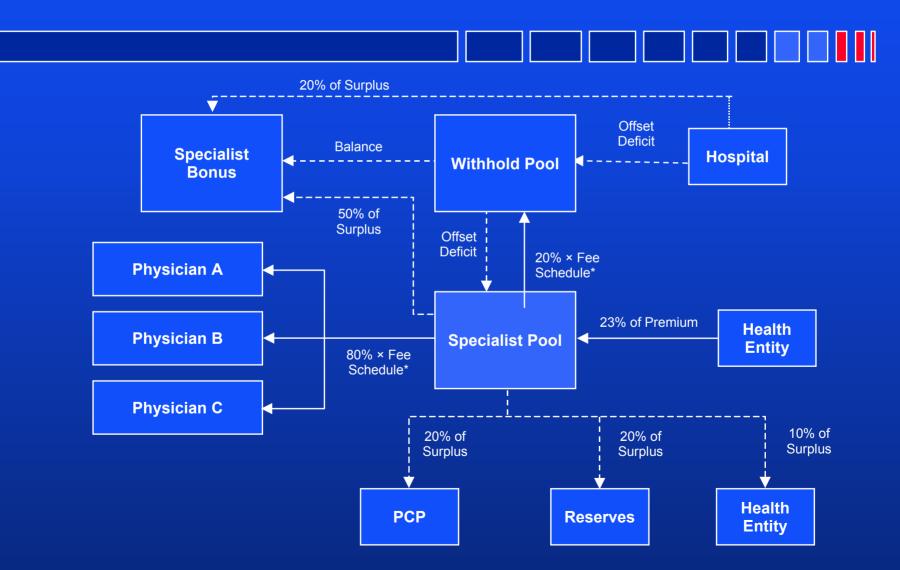
#### **Premium Funds Flow**



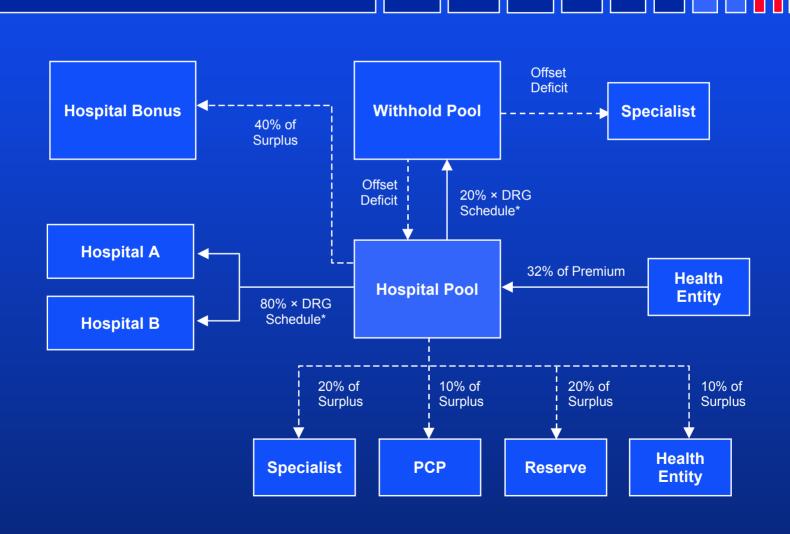
#### **PCP Pool Fund Distribution**



# **Specialist Pool Fund Distribution**



### **Hospital Pool Fund Distribution**



### Competitive Capitation Pricing: Challenges for the Actuary

- Excess supply of providers/specialists
- HMO's are using competitive bidding
- 300-500,000 lives to a single vendor
- Providers face gain/loss of market share
- Assisting these providers presents some challenges to the actuary

# Competitive Capitation Pricing Challenge #1: Data Quality

- HMO may provide only demographic data
- HMO does not want bids based on historical costs and utilization
- Challenge to identify normative utilization
- Challenge to identify "best practices"
- Will the provider be able to achieve the assumed utilization levels?

# Competitive Capitation Pricing Challenge #2: Unit Costs

- Marginal pricing may be appropriate for incremental volume
- Restructuring may be required to reduce costs Can this be achieved?
- Can the provider serve all the members directly?
  - If not, can they subcontract at the same unit price level assumed in the bid?

# Competitive Capitation Pricing Challenge #3: Optimal Price

- Increasing capitation price bid:
  - Decreases likelihood of winning the bid
  - Increases risk of losing current market share
- Decreasing capitation price bid:
  - Increases likelihood of winning the bid
  - Decreases profitability if the bid is won
- Optimal bid price hard to determine

# Competitive Capitation Pricing Challenge #4: Documentation

- New standard of practice
- How do you document all of this?
- Not as simple as putting together a pricing model

# Competitive Capitation Pricing Challenge #5: Professional Risk

- Provider will lose market share if the bid is lost
- Provider is most likely to win the bid if costs are underestimated
- Many uncertainties in estimating the costs
- Need for appropriate communication with provider as to decision-making roles

#### Resources

- Relevant ASOP's: 5, 8, 16, 23, 25, New
- BBA of 1997
- Medicare: Provider at Risk Rules
- NAIC: RBC for MCO's
- This meeting: Sessions 98, 114, 133

#### For Further Information

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